





You don't have to be the fastest or fittest But you do need to enjoy yourself!

THERE'S SOMETHING FOR EVERYONE!

- Triathlon (1.5km swim, 40km bike, 10km run)
- 10km or 5km run / walk
- 2km run / walk (tamariki and kaumatua only!)

Health Checks & Wellness Workshops/Seminars Arts & Crafts, Clothing, Beauty and Fitness Equipment, Kai, Music, Kids Stuff, Zumba, Cross-Fit, 'Celebrity Chef' and heaps more!

REGISTER NOW WWW.trimaori@gmail.com Mobile: 021 2424567







